



Because of your support, Aldea helps 5,300 people each year who desperately need help but don't have the resources to access professional treatment. **Especially during the holiday season, the need is urgent.** *This December, our goal is to raise \$65,000 to equip people with the tools they need to improve their mental health and achieve their goals.* When you give to Aldea, you support critical behavioral health services and empower young people to strengthen their relationships and reach their full potential. **You are making our communities safer and healthier for your family, friends, and neighbors.**

Every child and family in crisis is different. Families need someone to walk with them, understanding that progress comes over time through connecting small, essential moments of care and healing. **NOW is your chance to help people in your community find hope this holiday season.**

[Donate Now](#)

Your support made a huge impact this year.



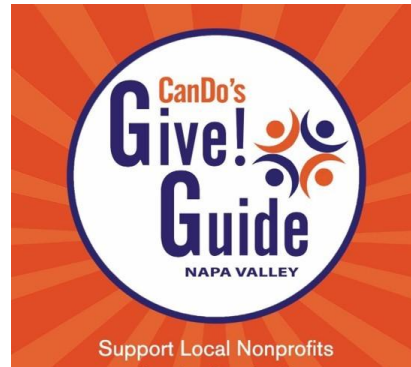
"Marjaine came to foster care late in her adolescence. She entered the Aldea Transitional Housing Program. Despite having a rocky start, she turned things around and is looking forward to continuing her studies at the University of California at San Diego. Marjaine intends to go into the medical field. She graduated from Vintage High School with honors and multiple academic scholarships." - Karen Valentine, Social Work Supervisor.

Three siblings are all now under one roof! Jason and Neveha are joining their sibling Alex, who was adopted

this past spring by Josie and Tiffany Hall! "It has been a very long road coming after having cycled in and out of foster care for most of their childhood (ages 10 & 12). They now have a permanent home and family. Wishing them all the happiness in the world!"- Heather Lingford, MSW of Aldea.



You can double your donation starting Tuesday, November 29th!!



Aldea is honored to participate in the 10th anniversary of the Give!Guide. You can double your impact during the holiday season, and the need is urgent. We are thankful to have a \$1000 matching grant from our board president Adam Hersly and long time committee member Stacy Soberalski Hersly. When you give to Aldea, you support critical behavioral health services and empower young people to strengthen their relationships and reach their full potential. Starting Tuesday November 29 you can go to our page on the Give!Guide and donate to take advantage of this matching opportunity.

Give!Guide donation link starting Nov 29

Explore areas you can SUPPORT and DONATE here!



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