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Jason & Neveha - ADOPTED!

Three siblings are all now under one roof! Jason and Neveha are joining their sibling Alex, who was adopted this past Spring by Josie and Tiffiny Hall!



"It has been a very long road coming after having cycled in and out of foster care throughout the majority of their childhood (ages 10 & 12). They now have a permanent home and family. Very happy day for the Hall family. Wishing them all the happiness in the world!"

- Heather Lingford, MSW of Aldea

Danika Renee & Aniyah Jane - ADOPTED!

The adoption was officially finalized in court between both Danika Renee and Aniyah Jane, and the Daffern family! Danika was with the Daffern's and Aldea since September 14, 2020, for a total of 655 days. Aniyah was in the system for a total of 676 days.



Aldea <u>Treatment Foster Care and Adoption Services</u> place youth with approved resource families, provides ongoing foster child and family support, and facilitate adoption when biological parents or relatives are unable to provide a safe home.

You can help more success stories! Give today









TIPS FOR BACK TO SCHOOL

Falling in line with magnetic calendars, creating a homework station, choosing outfits the night before, and stocking up on cleaning supplies to wipe out germs are additional ways for all to be aware of:

Parents can

- complete and share the <u>Backpack Emergency Card</u>
- communicate to school teachers, counselors, and parents when moods shift and recognize when insecurities are present
- ask for and be aware of the schools *emergency preparedness plan*
- implement a predictable daily routine with food, naps, and sleep in a timely order
- practice positive parenting by age of children

Everyone can

- celebrate developmental milestones of the youth in your life
- understand the effects of bullying
- acknowledge stellar parenting to the guardians in your life

remember that we all need support

ADVERSITY

ad ver si ty (noun): difficulties; misfortune

According to the CDC, if we worked to prevent <u>Adverse Childhood</u> <u>Experiences</u>, "up to 1.9 million heart disease cases and 21 million depression cases could have been potentially avoided."

EXAMPLES OF ADVERSE CHILDHOOD EXPERIENCES (ACEs):

- 1. experiencing violence, abuse, or neglect
- 2. witnessing violence in the home or community
- 3. having a family member attempt or die by suicide

ALSO INCLUDED ARE ASPECTS OF THE CHILD'S ENVIRONMENT THAT CAN UNDERMINE THEIR SENSE OF SAFETY, STABILITY, AND BONDING, SUCH AS GROWING UP IN A HOUSEHOLD WITH:

- 1. substance use problems
- 2. mental health problems
- 3. instability due to parental separation or household members being in jail or prison

Every day, Aldea's professionals walk with those in their most vulnerable moments. <u>MORE ABOUT Aldea Counseling Services</u>







Free Mindful Trainings

LEAD BY ENGAGING AND EDUCATING

September 13, 2022 from 5:15 pm - 7:15 pm

<u>Resource Parent Orientation to Aldea and the Child Welfare</u>

<u>System</u>

September 15, 2022 from 4:00 pm - 5:30 pm

<u>Assessing, Addressing, and Preventing Suicide in System</u>

<u>Involved Families and Youth in Foster Care</u>

September 23, 2022 from 5:30 pm - 7:30 pm Resource Family Pre-Approval Training (Part 1)

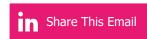
September 24, 2022 from 9:00 am - 5:00 pm Resource Family Pre-Approval Training (Part 2)

Click on the training links above to register!

View Full Training List







NAPA COUNTY SOLANO COUNTY SONOMA COUNTY

SERVICES

EMAIL

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