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### Jason & Neveha - ADOPTED!

Three siblings are all now under one roof! Jason and Neveha are joining their sibling Alex, who was adopted this past Spring by Josie and Tiffany Hall!



"It has been a very long road coming after having cycled in and out of foster care throughout the majority of their childhood (ages 10 & 12). They now have a permanent home and family. Very happy day for the Hall family. Wishing them all the happiness in the world!"

- Heather Lingford, MSW of Aldea

### Danika Renee & Aniyah Jane - ADOPTED!

The adoption was officially finalized in court between both Danika Renee and Aniyah Jane, and the Daffern family! Danika was with the Daffern's and Aldea since September 14, 2020, for a total of 655 days. Aniyah was in the system for a total of 676 days.



Aldea [Treatment Foster Care and Adoption Services](#) place youth with approved resource families, provides ongoing foster child and family support, and facilitate adoption when biological parents or relatives are unable to provide a safe home.

[You can help more success stories! Give today](#)

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COMMIT  
To the Moment



## TIPS FOR BACK TO SCHOOL

Falling in line with magnetic calendars, creating a homework station, choosing outfits the night before, and stocking up on cleaning supplies to wipe out germs are additional ways for all to be aware of:

### Parents can

- complete and share the [Backpack Emergency Card](#)
- communicate to school teachers, counselors, and parents when moods shift and recognize when insecurities are present
- ask for and be aware of the schools [emergency preparedness plan](#)
- implement a predictable daily routine with food, naps, and sleep in a timely order
- practice [positive parenting by age of children](#)

### Everyone can

- celebrate developmental milestones of the youth in your life
- understand the effects of [bullying](#)
- acknowledge stellar parenting to the guardians in your life

- remember that we all need support
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## ADVERSITY

ad·ver·si·ty (noun): difficulties; misfortune

According to the CDC, if we worked to prevent [Adverse Childhood Experiences](#), "up to 1.9 million heart disease cases and 21 million depression cases could have been potentially avoided."

### EXAMPLES OF ADVERSE CHILDHOOD EXPERIENCES (ACEs):

1. experiencing violence, abuse, or neglect
2. witnessing violence in the home or community
3. having a family member attempt or die by suicide

### ALSO INCLUDED ARE ASPECTS OF THE CHILD'S ENVIRONMENT THAT CAN UNDERMINE THEIR SENSE OF SAFETY, STABILITY, AND BONDING, SUCH AS GROWING UP IN A HOUSEHOLD WITH:

1. substance use problems
2. mental health problems
3. instability due to parental separation or household members being in jail or prison

Every day, Aldea's professionals walk with those in their most vulnerable moments. [MORE ABOUT Aldea Counseling Services](#)





EXPERTS  
*in Mental Health*

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## Free Mindful Trainings

LEAD BY ENGAGING AND EDUCATING

September 13, 2022 from 5:15 pm - 7:15 pm

[Resource Parent Orientation to Aldea and the Child Welfare System](#)

September 15, 2022 from 4:00 pm - 5:30 pm

[Assessing, Addressing, and Preventing Suicide in System Involved Families and Youth in Foster Care](#)

September 23, 2022 from 5:30 pm - 7:30 pm

[Resource Family Pre-Approval Training \(Part 1\)](#)

September 24, 2022 from 9:00 am - 5:00 pm

[Resource Family Pre-Approval Training \(Part 2\)](#)

Click on the training links above to register!

View [Full Training List](#)



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