



888-99ALDEA

September Newsletter

**The essential
community partner
for children and
families in crisis**



Save the Date!
April 30th 2022

Aldea's 50th Anniversary Gala
will take place the evening of
**April 30, 2022 at Stone
Brewing in Napa!**

Join us as we acknowledge fifty
years of impeccable service and
tireless dedication to the

children and families in our community. Plan on a night of great music,
tasty snacks, fabulous auction items and overwhelming generosity from
our incredible community partners, donors, volunteers and staff.

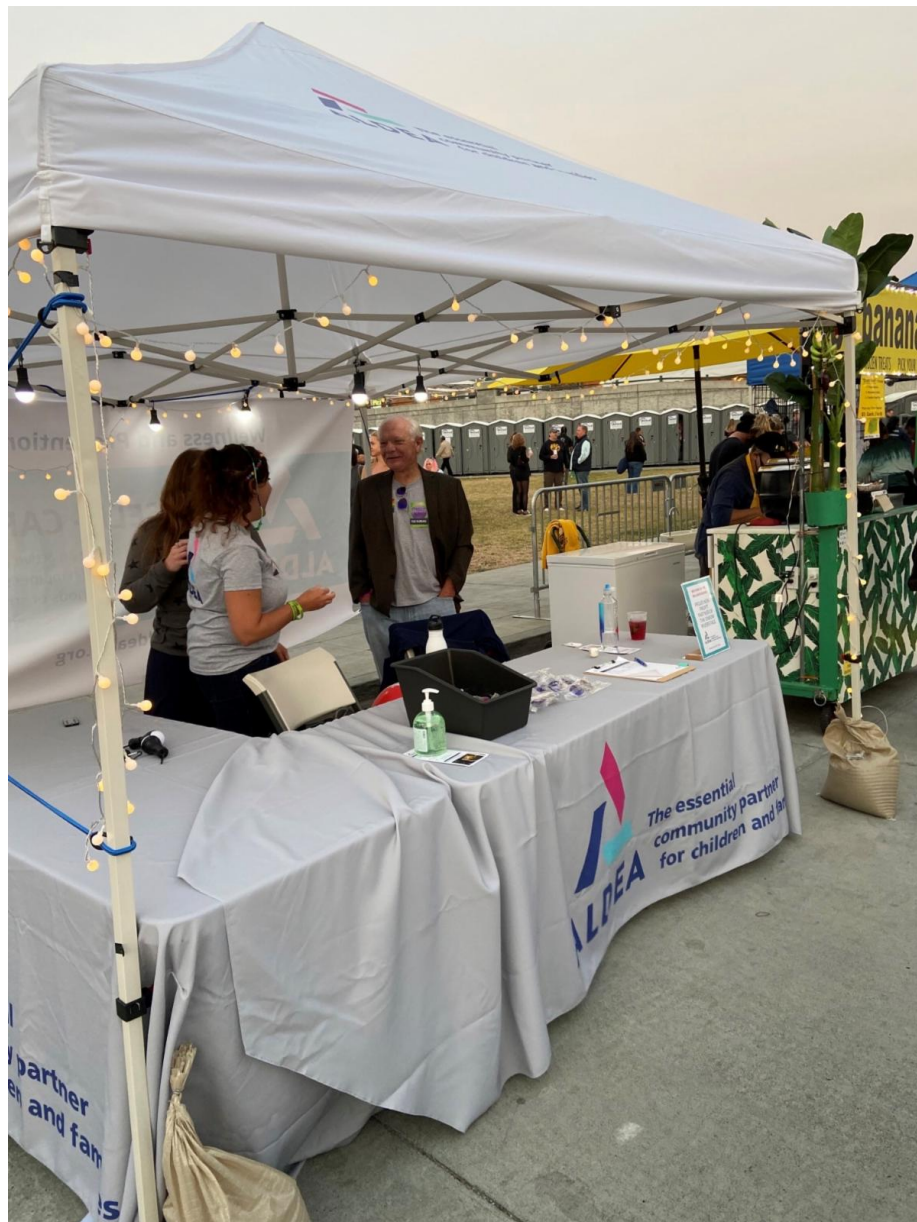


**Aldea is The Proud Non-Profit
Partner For The Oxbow
Riverstage Concert Series!**

*"Research has shown that listening to
music can reduce anxiety, blood
pressure, and pain as well as improve
sleep quality, mood, mental alertness,
and memory."*

-Johns Hopkins Medical

Listening to music is incredibly healing and a vital self care act! Aldea is so proud to be the non-profit partner for the Oxbow Riverstage concert series! Stop by the Aldea Wellness Station to talk about mental health and learn about our suicide prevention work, fentanyl awareness campaign and other community programs. We cannot wait to rock out with all of you! Learn more about Aldea's partnership with Oxbow Riverstage and see this summer's awesome line up [here](#).



September is Suicide Awareness and Prevention Month

As a founding co-chair, Aldea is working alongside the Napa Suicide Prevention Council to identify and fill gaps in suicide prevention approaches across the County, as we develop an overarching Suicide Prevention plan that addresses the needs and input of our community. We are in alignment with the State's Suicide Prevention Strategic Plan, "Striving for Zero" suicides in Napa County. The Napa County Suicide Prevention Council supports existing local suicide prevention and stigma reduction efforts. To learn more and get involved, [click here](#)



	NAPA COUNTY SUICIDE PREVENTION COUNCIL	<p>September is Suicide Prevention Month Reach out! Your community is here for you</p> <p>If you are in a crisis, call: (707) 253-4711</p>	<p>Septiembre es el Mes de Prevención del Suicidio ¡Busque Ayuda! Su comunidad está aquí para ayudarle</p> <p>Si usted está en crisis, llame: (707) 253-4711</p> <p>www.countyofnapa.org/2367/Suicide-Prevention-Council</p>
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'Stache Bags Save Lives!

Aldea's Fentanyl Awareness Campaign in Partnership with The Michael Leonardi Foundation

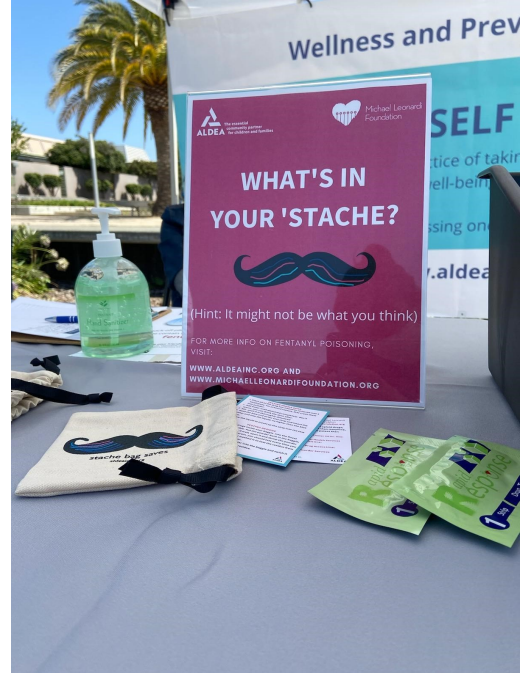
As the essential community partner for children and families, Aldea is committed to bringing awareness to critical issues facing our clients and neighbors. One of the most insidious crises nationwide is **fentanyl poisoning**, a product of the ongoing opioid epidemic. Of the fentanyl crisis, acclaimed author of Fentanyl, INC., Ben Westoff told Aldea, "Any pill or powder bought off the black market may contain fentanyl. Even if a pill looks exactly like a Xanax, Percocet, or whatever, it can kill you. Use fentanyl testing



strips, and stay safe out there!"

In response to this community need, Aldea has partnered with the **Michael Leonardi Foundation** to launch 'Stache Bags Save Lives, a campaign with the purpose of informing young people about the dangers of fentanyl poisoning. Michael Leonardi was a local young man and "empathetic soul" who tragically passed away after unknowingly ingesting a lethal dose of fentanyl, "He was no way aware the counterfeit Percocet he purchased from a dealer on Snapchat was really fentanyl, not oxycodone." Tragically, his story is an increasingly common reality for many families in our community. 'Stache Bags Saves Lives is a harm-reduction initiative that aims to promote testing drugs before use and arms young people with the knowledge and resources to navigate instances of fentanyl poisonings.

Aldea and The Michael Leonardi Foundation were at Napa Valley college passing out potentially life saving fentanyl test kits to students. Fentanyl is a deadly, insidious, synthetic opioid that is found in powder or pills everywhere in the illegal drug market. The only way to know if one's dose contains fentanyl is to test it. To read more about our fentanyl awareness outreach, read our feature in the **Napa Register** or visit our resource tab [here!](#)



[Upcoming Training Click here to register today!](#)

September 11th, 2021 at 9:00 am - 3:00 pm
Resource Family Approval Pre-Service Training

September 14th, 2021 at 5:15 pm - 7:15 pm
Resource Parent Orientation



Aldea is the essential community partner for children and families in crisis. We believe that in a family's most critical moments, the company of a trusted professional can mean the difference between strength and suffering.

Every day, our expert staff walks with young people on their journey to healing, providing the care that brings both short term comfort and long-term resilience. Because with a community of support, they discover their own ability to create a new life, one moment at a time. For more information please go to our website at www.aldeainc.org or call 707-224-8266.

Make a donation today!

ALDEA CHILDREN & FAMILY SERVICES

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