

**The essential  
community partner  
for children and  
families in crisis**



## We love our supporters!

Aldea wouldn't be able to do what we do without you! We have so much love and gratitude for all of the support we receive towards helping our community.



Aldea's [Transitional Housing Program \(THP\)](#) helped Nora transition out of foster care by empowering her with the tools she needed to move into her very first apartment! She is now working as a childcare provider and attending classes at Napa Valley College.

Our Residential Case Manager, Katie, helped Nora prepare for this important moment in her journey through adulthood and was excited to be there for this special day.

Learn more about THP: <http://aldea.pub/THP>

## **How to make valentines using what you already have at home!**

There is no need to go out and spend money when you likely already have everything you need to make cute cards for the people you love. Watch this one minute video to learn how to repurpose your junk mail and even

how to make your own glue!



## How else do Aldea staff members share their love?

- Helping people better understand technology with extra support filling out important online documents and teaching how to connect virtually
- Stopping by with extra diapers, baby wipes, formula and other supplies for resource (foster) parents so they don't have to make a trip to buy more
- Supporting children placed into emergency care by providing special "hope packs" with new clothing and comforting toys
- Arranging emergency support for families in crisis by offering counseling services and connections to other essential community partners

## Virtual Parent Support Groups - Available in Spanish & English



Want to learn more about triggers and stressors that lead to substance use? Want to get more information about mental health in youth? Join our free and virtual meetings lead by **Dulce Murillo**, *Prevention and Treatment Counselor* as she helps parents and caregivers learn more about substance use.

Spanish Sessions - 6 pm to 7 pm - March 4, April 1, May 6

English Sessions - 6 pm to 7 pm - Feb. 18, March 18, April 15, May 20

No registration required! Join online at: <https://aldea.pub/BHS>

## Upcoming Training Sessions

Saturday, Feb. 13 at 3 pm - 5 pm

\*Sold Out\* Bilingual Family Paint Night

Monday, Feb. 22 at 5:15 pm - 7:15 pm

Thursday, Feb. 25 at 10 am - 12 pm

Reasonable and Prudent Parent Standards - Supervision of Children and CSEC  
Consideration



**Change  
a  
Life**  
IN AN HOUR

Wednesday

05/  
19/  
2021

**A virtual event**  
where you'll have the power  
to Change a Life in just one hour!

6:30 pm • VIP Sponsor Reception  
7 pm • Program

**Invitation to follow.**

For information on sponsorship,  
email Michele Farhat, [mfarhat@aldeadinc.org](mailto:mfarhat@aldeadinc.org)

**ALDEA** The essential  
community partner  
for children and families



Aldea is the essential community partner for children and families in crisis. We believe that in a family's most critical moments, the company of a trusted professional can mean the difference between strength and suffering.

Every day, our expert staff walks with young people on their journey to healing, providing the care that brings both short term comfort and long-term resilience. Because with a community of support, they discover their own ability to create a new life, one moment at a time. For more information please go to our website at [www.aldeainc.org](http://www.aldeainc.org) or call 707-224-8266.

**Make a donation today!**

**ALDEA CHILDREN & FAMILY SERVICES**

**Administration Office**

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**Stay Connected!**

