

We are welcoming in a new year!

888-99ALDEA



**The essential  
community partner  
for children and  
families in crisis**



In a year of so many struggles, at Aldea we experienced so many signs of generosity and hope because of **you**. We are grateful to those that have given during this Season of Giving to ensure we are there for our community in 2021.

It is not too late to help! We are fielding many requests from the community to provide more training, more support, and more services to our schools. There are still requests that have yet to be funded! The only way we can respond is if **YOU** join us in the quest in offering mental health services through our many programs.

It doesn't always feel safe to seek help so our work within the schools is vital in reaching the youth in need.

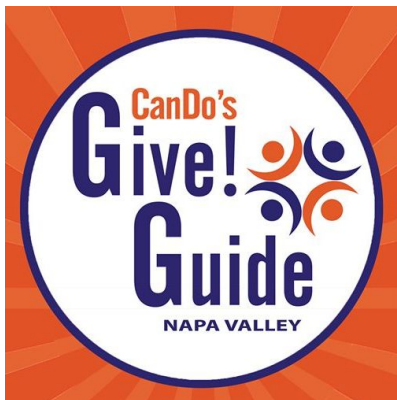
Won't you join us in helping our community become healthier, safer, and more resilient for the days ahead?

Aldea hosted our first "Family Paint Night" with resident artist, Jose Martinez, who guided participants through an engaging evening of creativity. Sign up for our next event, taught in Spanish, scheduled for Jan. 16!

**[Click here to register by  
January 8!](#)**



The next bilingual event is February 13, 2021. Stay tuned for more information!



Time is running out to donate through the [CanDo's Give! Guide](#). We are so close to reaching our \$5,000 goal by the end of the year! Can you help us achieve our goal to provide essential services to our community and youth in care?

We have endless gratitude for all of our supporters! Thank you so much to **Loubier Gourmet** and **The Doctors Co.** for generously providing matching gifts to help our cause. These business partners are essential in our ability to help our community.

Donate Now: [Give! Guide](#)

### Where your generous donation will go in 2021:

**Teachers, care givers and parents** requesting more support, more trainings to help children deal with trauma, anxiety, depression and isolation during COVID-19.

**More requests for intervention services** to help students cope with local disasters of the wildfires, heat waves and racial inequality unrest on top of COVID-19.

**Increase demand in intensive therapeutic treatment** for children suffering from mental health issues complicated with poverty and COVID-19.

Please help us meet these community needs by [donating today!](#)



NOT EVERYONE GETS TO EXPERIENCE  
A HAPPY CHILDHOOD

IT'S HARDER THAN EVER  
TO BE A KID

PEOPLE IN CRISIS DON'T ALWAYS RECOGNIZE  
THEY ARE IN CRISIS

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In critical moments, the company of trusted experts  
**from Aldea makes all the difference**  
in the lives of children and families.



**Aldea** is the essential community partner for children and families in crisis. We believe that in a family's most critical moments, the company of a trusted professional can mean the difference between strength and suffering.

Every day, our expert staff walks with young people on their journey to healing, providing the care that brings

both short term comfort and long-term resilience. Because with a community of support, they discover their own ability to create a new life, one moment at a time. For more information please go to our website at [www.aldeainc.org](http://www.aldeainc.org) or call 707-224-8266.

**Make a donation today**

**ALDEA CHILDREN & FAMILY SERVICES**

**Administration Office**

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Stay Connected!

