



# Positive Discipline 101

Title IV-E Trainings provided in partnership with Chabot-Los Positas Community College District

**Monday  
December 9, 2019**

**5:30pm—7:30pm**

**Aldea Treatment  
Foster Care & Adoptions**  
470 Chadbourne Rd., Ste. F  
Fairfield, CA 94534  
707-557-4560

**RSVP REQUIRED BY:  
Wednesday before training**

For more information or to RSVP, please contact Adriana Villanueva: [avillanueva@aldeainc.org](mailto:avillanueva@aldeainc.org)  
707-557-4560 ext. 100



▶ Training Content: This training is a basic overview of positive discipline. The focus will be on key elements to reduce power struggles as well as to inform care takers on the differences between punishments vs. consequences. This training will give examples for effective and thoughtful consequences, as well as emphasize the use of “natural” consequences. Care takers will be able to share about what techniques have best worked for them and learn additional tools to utilize within the home.

## **Aldea Children & Family Services Treatment Foster Care & Adoption**

470 Chadbourne Road, Suite F  
Fairfield, CA 94534

Phone: 707-557-4560  
Fax: 707-557-7909  
website: [www.aldeainc.org](http://www.aldeainc.org)

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