



## Treatment Foster Care and Adoptions

### TRAINING SUMMARY

**Title of Training:** Resource Family Pre-Approval Training Part 2

**Training Category:** Training for Caregivers

**Trainer(s):** Karen Lustig, Marcia McGee

**Trainer Qualifications:**  Resume submitted with previous summary  Resume attached

**Training Date:** December 3, 2022

**Location (city):** Fairfield

**Agency/Program:** Aldea/Treatment Foster Care & Adoptions

**Total Training Time:** 7.5 hours

**Start Time:** 9:00 am **End Time:** 4:30 pm

### TRAINING SUMMARY & OBJECTIVES

#### Training Summary:

If you've decided to become a foster, kin, and/or adoptive parent (all under the title "Resource Parent") and have some basic understanding of what that means, then this two part training is a next step for you. The Resource Family Pre-Approval Training will help participants to understand various aspects of what it looks and feels like to support a youth in care. This class boosts your knowledge and confidence to meet the challenge of taking youth into your home and to be sure you are ready to follow through on the commitment.

Part 2 of the training includes the topics of: youth in care who identify as LGBTQ+, youth who have been commercially sexually exploited, the "3-5-7 Model of Grief and Loss" by Darla Henry, Trauma Competent Caregiving, working with non-minor dependents, the sexual health rights as covered in Senate Bill 89, the expectations of resource parents' involvement with their youth in care, and what visits and paperwork look like in your home when you take in a foster youth.

#### Class Objectives:

1. Participants will become trauma-informed caregivers for all ages of foster youth.
2. Participants will learn what is needed in order to become a Resource Parent able to care for youths' needs and meet agency and licensing standards.
3. Participants will gain an understanding of the expectations of a foster care agency and how they can be supported.

#### How can participants use/apply the information and skills they learn after the training?

1. Participants will use/apply their understanding from this training to fulfill their responsibilities as a Resource Parent.
2. Participants will use/apply their understanding from this training on how to work with youth in care who experience trauma, grief and loss.
3. Participants will be able to identify at least 3 signs that a youth in care is being trafficked.