TRAINING SUMMARY

Title of Training: Resource Family Pre-Approval Training Part 1

Training Category: Training for Caregivers

Trainer(s): Karen Lustig

Trainer Qualifications: ☒ Resume submitted with previous summary ☐ Resume attached

Training Date: December 2, 2022

Location (city): Online (Fairfield)   **Agency/Program:** Aldea/Treatment Foster Care & Adoptions

Total Training Time: 2 hours   **Start Time:** 5:30 pm   **End Time:** 7:30 pm

TRAINING SUMMARY & OBJECTIVES

Training Summary:

If you've decided to become a foster, kin, and/or adoptive parent (all under the title "Resource Parent") and have some basic understanding of what that means, then this two part training is a next step for you. The Resource Family Pre-Approval Training will help participants to understand various aspects of what it looks and feels like to support a youth in care. This class boosts your knowledge and confidence to meet the challenge of taking youth into your home and to be sure you are ready to follow through on the commitment.

Part 1 of the training includes the topics of: personal rights of youth in care, Reasonable and Prudent Parenting standards, effective discipline, and how to prevent issues from escalating and how to de-escalate if needed.

Class Objectives:

1. Participants will become informed caregivers on the rights of all ages of foster youth.
2. Participants will learn the difference between discipline and punishment.
3. Participants will learn how to de-escalate a situation before it becomes a crisis and during a crisis.

How can participants use/apply the information and skills they learn after the training?

1. Participants will be able to respect, maintain and advocate for youth's personal rights.
2. Participants will be able to use two effective discipline methods with any aged youth in care.
3. Participants will be able to recognize when a situation is leading to a crisis and know two effective methods of preventing such an escalation.