

HOW TO HELP YOUTH IN CARE STEP BACK FROM A CRISIS

INTERACTIVE ZOOM TRAINING:
JULY 12, 2022
1:00 PM-3:00 PM
COST: FREE

TRAINING CONTENT:

It is said that approximately 65% of communication consists of non-verbal behaviors. Of the remaining 35%, inflection, pitch, and loudness account for more than 25%, while less than 10% of communication is actually “said”. This training will explain how to first use non-verbal communication to help an agitated youth in care step down from being in panic mode. Once non-verbal tactics are in place, verbal de-escalation can be a logical next step in dealing with someone who is agitated. Remember, reasoning with an enraged person is not possible. The first and only objective in de-escalation is to reduce the level of arousal so that discussion becomes possible. The trainer will teach the general guidelines for verbal de-escalation.

WHO SHOULD ATTEND:

This training is appropriate for current resource parents and anyone interested in becoming a resource parent.



Aldea offers a foster care model that provides individualized, intensive treatment for foster children with serious medical, psychological, and behavioral needs who would otherwise be placed in institutional settings.

WHY BECOME A RESOURCE PARENT?

- Flexible appointment and training schedule.
- Compassionate and skilled social workers available to support your needs and self-care.
- Continued resource parent support and training to set you up for success.
- 24/7 on-call support 365 days per year.

