



Discipline of Foster Youth

Title IV-E Trainings provided in partnership with Chabot-Los Positas Community College District

May 18, 2021

10:00 AM—12:00 PM

**Aldea Treatment
Foster Care & Adoptions**

Online via Zoom

**RSVP REQUIRED BY:
Wednesday before training**

For more information or to RSVP, please visit us on-line at:

<https://www.aldeainc.org/services/training-institute>



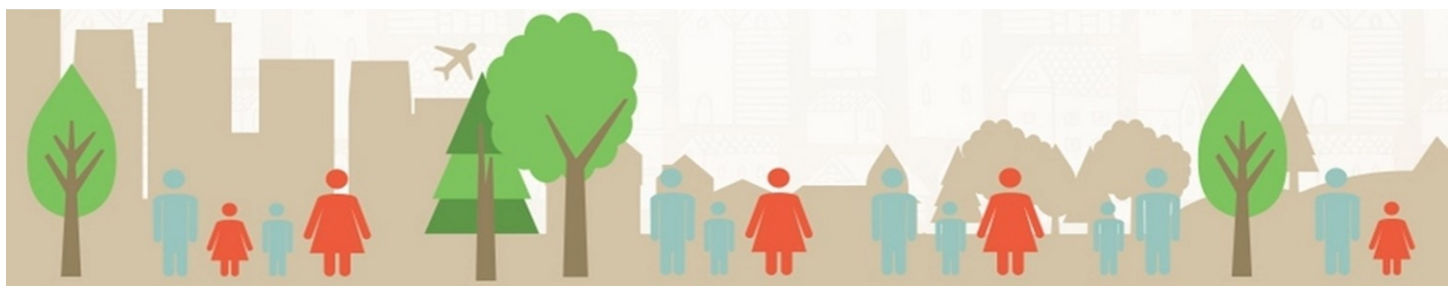
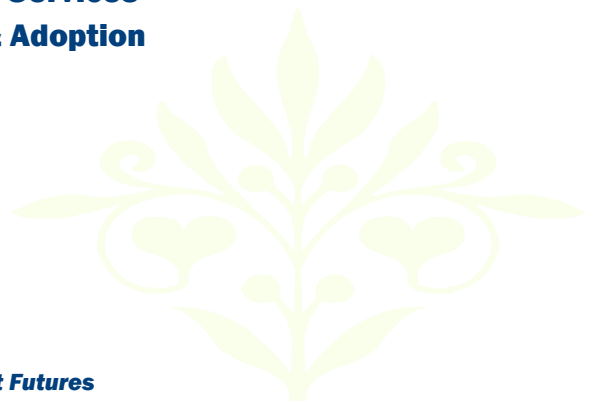
- ▶ **Training Content:** This training is a basic overview of positive discipline. The purpose of discipline is to teach a child right from wrong, as well as responsible behavior at home and in the community. A foster child may require greater understanding and guidance given their background. Thus, Resource Parents need to accept them as they are in the present, and not as they wish to see them in the future. The trainers will provide suggestions for determining an effective means of discipline for a child, how to reduce power struggles, and inform caregivers on the differences between punishments vs. consequences. This training will give examples for effective and thoughtful consequences, as well as emphasize the use of “natural” consequences. Caregivers will be able to share about what techniques have best worked for them and learn additional tools to utilize within the home.

Aldea Children & Family Services Treatment Foster Care & Adoption

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Changing Lives & Creating Bright Futures



*Please note: As a Title IV-E Training, an Evaluation Form must be completed by each attendee; however, your responses are kept strictly confidential and are much appreciated.