



Free

Confidential

Aldea Family Wellness and Support Line

FOR NAPA & *SOLANO COUNTY RESIDENTS

CALL 707-543-1152

We Can Help With:

- ◆ Parents and guardians who are dealing with their children's anxiety and increased problem behaviors related to the Novel Coronavirus (COVID-19) pandemic.
- ◆ Brief interventions and support.
- ◆ Linkage to existing local partners/businesses helping to meet community needs at this time (meals, rent/housing, library services, teaching/educational services, referrals for severe mental health needs, etc.).

Available:

- ◆ 8 a.m. to 8 p.m.
- ◆ Seven days per week
- ◆ Bilingual operators at all times

**For more information about COVID-19 and resource information for children and families visit Aldea's website:
aldeainc.org/resources**