

Covid19 Resources Wiki

1. City Of Sacramento Updates:

<https://www.cityofsacramento.org/Emergency-Management/COVID19>

- Sacramento County Public Health: [Current updates and materials on COVID-19](#)
- Questions specific to COVID-19 may be directed to COVID19@saccounty.net.

2. Resources out in the community:

<http://starsyouth.net/where/>

3. Sacramento County Resources

<https://www.saccounty.net/COVID-19/Pages/Resources.aspx>

4. California unemployment website:

https://www.edd.ca.gov/about_edd/coronavirus-2019.htm

5. Free Online Education/Enrichment Programs:

<https://www.sanjuan.edu/onlineenrichment>

6. Free School Lunch Link for Sac City unified school district:

<https://www.scusd.edu/e-connections-post/sac-city-unified-will-continue-provide-meals-affected-students>

7. Twin Rivers Unified school District food for kids:

- Foothill High School (5000 McCloud Dr.)
- F.C. Joyce Elementary (6050 Watt Ave.)
- Grant Union High School (1400 Grand Ave.)
- Highlands High School (6601 Guthrie St.)

- Harmon Johnson Elementary (577 Las Palmas Ave.)
- Norwood Junior High School (4601 Norwood Ave.)
- Ridgepoint Elementary (4680 Monument Dr.)
- Rio Linda High - Home of the Knights (6309 Dry Creek Rd.) 9. Smythe Academy of the Arts K-6 (2781 Northgate Blvd.)
- Westside Elementary (6537 W 2nd St.)

8. Natomas Unified school district

Locations:

- Witter Ranch Elementary
- Natomas Park Elementary
- American Lakes School
- Jefferson School
- Bannon Creek School
- Two Rivers Elementary
- Heron School
- H.Allen Hight/Natomas Middle School campus (*combined location)
- Natomas High School/Discovery High School (*combined location in front of NHS)
- Inderkum High School
- Leroy Greene Academy
- Paso Verde/NP3 (*combined location in front of PVS)
- Natomas Charter- Blackrock site
- Natomas Charter- Star Academy
- Westlake Charter

9. Elk Grove District Lunches & Breakfast for students:

ELK GROVE, Calif. – March 13, 2020 – The Elk Grove Unified School District (EGUSD) Food & Nutrition Services (FNS) program is extending and expanding the opportunity for families to drive through and pick up meals for the children in their family at select school sites. Meals will be available for any child, 18 years and younger, regardless of free or reduced eligibility or school of attendance. Children must be present in order for meals to be provided. This expanded program will begin on March 16, 2020 and will continue through the week, excluding Saturdays and Sundays. Should schools re-open, the drive through meal service will transition to a regular school meal program.

Meals will be served between 11 a.m. and 1 p.m. The meals provided each day will include lunch for that day and breakfast for the following day. The drive through meal service will be present in the parking lot or bus

lane at each school site listed below. Please stay in your car and meals will be handed to the passenger or driver of the vehicle.

Schools Offering Meals:

- Florin ES
- Isabelle Jackson ES
- Samuel Kennedy ES
- Anna Kirchgater ES
- Herman Leimbach ES
- Charles Mack ES
- Barbara C. Morse ES
- Prairie ES
- David Reese ES
- Sierra Enterprise ES
- Union House ES
- Edward Harris MS
- Joseph Kerr MS
- Cosumnes Oaks HS
- Florin HS
- Franklin HS
- Laguna Creek HS
- Pleasant Grove HS
- Sheldon HS
- Valley HS

This program will be solely for the pick-up of meals and meals will not be consumed on site. We encourage families to continue to be proactive in reducing the risk of COVID-19 by not congregating at the school site once meals have been distributed, continue to wash their hands often, sneeze or cough into a tissue and stay home if they are sick.

For more information regarding EGUSD's response to COVID-19, please visit www.egusd.net/covid-19.

10. San Juan Unified School District Free Meals:

San Juan Unified will provide an opportunity for families to pick up two meals daily (lunch and breakfast for the following day) in a mobile walk-up or drive-thru meal service for children 18 and under. This will begin Tuesday, March 17 at 27 school sites from 11:30 a.m. to 12:30 p.m. At this time, this service will continue through Friday, April 3, Monday through Friday at the following locations:

Carmichael

- Cameron Ranch Elementary, 4333 Hackberry Lane
- Carmichael Elementary, 6141 Sutter Ave.
- Charles Peck Elementary, 6230 Rutland Dr.
- Coyle Avenue Elementary, 6330 Coyle Ave.
- John Barrett Middle, 4243 Barrett Road

- Starr King K-8, 4848 Cottage Way

Citrus Heights

- Arlington Heights Elementary, 6401 Trenton Way
- Carriage Drive Elementary, 7519 Carriage Dr.
- Grand Oaks Elementary, 7901 Rosswood Dr.
- Kingswood K-8, 5700 Primrose Dr.
- Lichen K-8, 8319 Lichen Dr.
- Mariposa Avenue Elementary, 7940 Mariposa Ave.
- San Juan High, 7551 Greenback Lane
- Woodside K-8, 8248 Villa Oak Dr.

Fair Oaks

- Northridge Elementary, 5150 Cocoa Palm Way
- Will Rogers Middle, 4924 Dewey Dr.

Orangevale

- Ottomon Way Elementary, 9460 Ottomon Way

Sacramento

- Cottage Elementary, 2221 Morse Ave.
- Del Paso Manor Elementary, 2700 Maryal Dr.
- Dyer-Kelly Elementary, 3101 Bell St.
- El Camino Fundamental High, 4300 El Camino Ave.
- Greer Elementary, 1300 Bell St.
- Mira Loma High, 4000 Edison Ave.
- Pasadena Avenue Elementary, 4330 Pasadena Ave.
- Thomas Edison Language Institute K-8, 2950 Hurley Way
- Whitney Avenue Elementary, 4248 Whitney Ave.
- Howe Avenue Elementary, 2404 Howe Ave.

These meals will be available free of charge for anyone 18 and under regardless of what school they attend. No paperwork is required. Children must be present in order for meals to be provided. Meals will be provided based on the number of children present. This program will be solely for the pick up of meals, and meals will not be consumed on-site. We encourage families to continue to be proactive in reducing the risk of COVID-19 by not congregating at the school site and utilizing social distancing once meals have been distributed.

Food Resources

[Click here to order FREE meals for kids 12 and under from Chevy's](#)

[Click here to learn how to pick up FREE food from Kiki's Chicken Palace for Kids K-8; student ID is required](#)

[Click here to learn about all the school sites in Sacramento who are still offering meals at school!](#)

[Click here to search for FREE FOOD resources in Sacramento partnered through the Sacramento Food Bank](#)

Emergency Childcare

[Click here to learn more about the YMCA's emergency childcare sites; priority is being given to medical staff and first responder's families to keep them working](#)

Child Action program for low income – vouchers are available – 7AM – 5PM referral hotline;
<https://wp.childaction.org/cel/>

Education

[Click here for up to 20 days of lesson plans, videos, articles and learning challenges to continue your child's education at home](#)

[Este recurso gratuito ofrece 20 días de artículos, videos, y otros recursos para tus hijos.](#)

[Click here to get PBS resources, shows, and articles to help your children Learn & Grow at home!](#)

[Click here to learn about the FREE PBS app for games and learning](#)

[Click here to learn about ABC Mouse, an educational app program for children ages 2-8 with over 850 lessons to keep your young ones on track outside of preschool/school](#)

Clinical Support/ Call Centers

Online or Phone Supports

- [Mental Health Access](#): Call the Mental Health Access Team to request services and an over-the-phone assessment in order to be referred to an appropriate mental health service provider. This includes Mental Health Medi-Cal Service Providers and Prevention & Early Intervention and Mental Health Respite Service Providers.

Monday - Friday, 8 am - 5 pm (24/7 for Mental Health Crisis Calls)
(916) 875-1055 or toll free (888) 881-4881
Fax (916) 875-1190

- Alcohol and Drug System of Care ([Adult](#) and [Youth](#)): We provide prevention and treatment services to individuals struggling with alcohol and/or drug abuse. Services include outpatient treatment, methadone treatment, day treatment, detoxification, residential services, and perinatal services. To qualify for services, clients can call for a preliminary assessment conducted by our Alcohol and Drug System of Care staff.
Monday - Friday, 8 am - 5 pm (excluding county holidays)
(916) 874-9754 or toll free (888) 881-4881 (adults 18+ years)
(916) 875-0185 (youth less than 18 years)
- [SAMHSA's Disaster Distress Line](#): Call 1-800-985-5990 or text TalkWithUs to 66746 to connect with a trained crisis counselor.
- [Suicide Prevention Services](#): Lifeline (24/7) Call 1-877-273-8255.
- [Teen Line](#): Call (310) 855-HOPE or (800) TLC-TEEN (nationwide toll-free) from 6pm to 10pm PST or Text "TEEN" to 839863 between 6:00 pm-9:00 pm PST to receive person teen-to-teen education and support.
- [Hope Cooperative Peer Support Call Center](#): Feeling anxious and need support? Hope Cooperative's Peer Navigators are available and ready to listen.
Monday - Friday, 8 am - 5 pm
(855) 502-3224
- [The Source Support Line for Youth and Caregivers](#): Need someone to talk to about the current situation, stress, or anything else? Call or text 916-SUPPORT (787-7678) for 24/7 support.

Peer support call center 1-855-502-3224 (through Hope Cooperative)



**Sacramento, has your job
been affected by Coronavirus?**

Go to www.labor.ca.gov/Coronavirus2019/
or Call 916-905-1625 or 211 or 311

We can help you determine your employment benefits

**¿Sacramento, su trabajo ha sido
afectado por el Coronavirus?**

Vaya a www.labor.ca.gov/Coronavirus2019
o Llame al 916-905-1625 o al 211 o al 311

Para obtener ayuda para
determinar sus beneficios laborales



The Center for Workers' Rights Launches Corona Virus Job Protection Helpline in Partnership with the Sacramento Labor Council

The helpline, now live, can be accessed by dialing #211, or [\(916\) 905-1625](tel:9169051625)

The Center for Workers' Rights, located in Sacramento, California, has launched a telephone helpline for workers with questions regarding the impact of the Corona virus. With support from the Sacramento Central Labor Council, the newly-launched helpline assists impacted workers with unemployment, paid family leave, FMLA, disability, sick leave, paid time off, and other questions related to the Corona virus. The Center for Workers' Rights has years of experience assisting working people with unemployment insurance and other claims. The free assistance is available to workers in both in English and Spanish.

In order to keep staff, volunteers, and working people safe, the program is currently being conducted remotely, by telephone. The service can be reached by dialing #211, or by calling the

- CDC: [Helping Children Cope with Emergencies](#)
- SAMHSA: [Coping with Stress During Infectious Disease Outbreaks](#)
- SAMHSA: [Taking Care of Your Behavioral Health: Social Distancing](#)
- California Department of Public Health: [Guidance Documents](#)
- California Immigrant Youth Justice Alliance: [COVID-19 Resources for Undocumented Californians](#)
- Administration for Community Living: [Adults with Disabilities and Seniors](#)