



ALDEA PARENT SUPPORT GROUPS

Monthly Parent Support Groups over Zoom

Want to learn more about triggers and stressors that lead to substance use? Want to get more information about mental health in youth? Join our free monthly Zoom meeting, held on the third Thursday of the month to learn more about these and other topics affecting our youth.



6pm – 7pm PST

Jan 21st

Feb 18th

March 18th

April 15th

May 20th

**For more
information,
contact:**

Dulce Murillo

***Prevention and
Treatment
Counselor***

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.org](mailto:dmurillo@aldeainc.org)**

**Zoom ID:
976 2196 2951**

**Password:
500202**

**Zoom -
<http://aldeia.pub/BHS>**

**ALDEA FAMILY AND
CHILDREN SERVICES**

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