



ALDEA
Children & Family Services



VILLAGE : NAPA
SUPPORTING OUR YOUTH



A group of educators, mental health professionals and parents creating a community of support for teens

Join us for a speaker event and discussion, as we open the conversation about how to support your child during these stressful and emotional years.

Speaker: Vicki Hoefle, parent educator and author

Thursday, September 29, 6:30-8:30pm

New Tech High Cyber Cafe

PARENTS CONNECT!

Support for You · Support for your Teen

A week later on October 6, 7:00-8:00pm, Copperfield's will host an Author's talk with Vicki Hoefle at Whole Foods Culinary Center

An opportunity for students to share about the stressors in their lives, which are causing anxiety and depression.

College Student speakers + Discussion

Thursday, October 13, 6:30-8:30pm

New Tech High Cyber Cafe

TEENS CONNECT!

Managing Stress & Emotions

TO REGISTER: <http://parentstalkcourage.eventbrite.com>