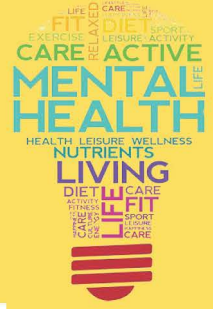


# NAPA COUNTYWIDE COVID-19 PANDEMIC



## MENTAL HEALTH RESOURCES

If you are having trouble with daily routines, having thoughts of self-harm, and in need of immediate assistance, contact:

National Suicide HOT-LINE - 1-800-273-8255

Crisis Text Line - TEXT "GO" to 741741

Crisis counselors are available 24/7 to listen, and help with coping skills.

Crisis Stabilization Services / Exodus - 707-253-4711

For anyone age 5 and older in immediate crisis, needing evaluation and crisis intervention.

HHSA South Campus - 2751 Napa Valley Corporate Way, Building B

Napa County Mental Health Access (for assessment and referrals if eligible)

707-259-8151 or 800-648-8650

Mental Health Support and Treatment Resources:

Mentis Bilingual mental health services for all ages available by phone or video.

Please call our bilingual intake line at - 707-255-0966 ext. 132 | [mentisnapa.org](http://mentisnapa.org)

Healthy Minds Healthy Aging (Older adults 60 and over) We have a new mental health support line for older adults (60+) available Monday-Friday, 9 am to 5 pm. Anyone who leaves a message will receive a return call as soon as possible between 9 am and 5 pm.

For English call 707-299-1885, For Spanish call 707-299-1884 | [mentisnapa.org](http://mentisnapa.org)

Aldea (Mental health services for children age 5-18 with Medi-Cal. Teens in need of drug & alcohol treatment age 14-18. Family member dealing with psychosis age 13-30. Bilingual (English/Spanish) services are available)

Sarada Oglesby, Intake Coordinator 707-253-0123 | [www.aldeainc.org](http://www.aldeainc.org)



Up-to-date as of: 03/18/2020  
[NapaValleyCOAD.Org](http://NapaValleyCOAD.Org)